

## Nasal Feeding Tube

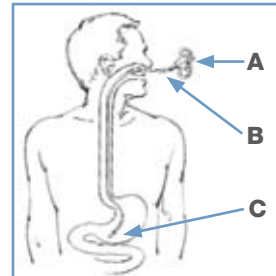
### About the feeding tube

Your type of tube enters through the nostrils. It goes down the esophagus into the stomach. The position of its tip determines its name. Feeding tubes are measured in French (Fr) sizes that range from 5 (smaller) to 16 (larger). The diagram gives a general idea of what the tube looks like and where the tip is placed.

**Check your tube type below:**

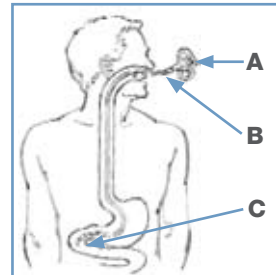
**Nasogastric (NG) Tube**

- A. Tube Adapter
- B. Tube Size \_\_\_\_\_ Fr
- C. Tip Position



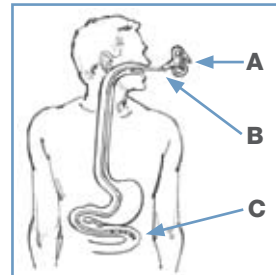
**Nasoduodenal Tube**

- A. Tube Adapter
- B. Tube Size \_\_\_\_\_ Fr
- C. Tip Position



**Nasojejunal Tube**

- A. Tube Adapter
- B. Tube Size \_\_\_\_\_ Fr
- C. Tip Position



**Designs may vary from manufacturer to manufacturer. It is important to consult the manufacturer's instructions to verify the type of tube.**

These product use guidelines are of a general nature. They are not medical advice or replacement instructions of your healthcare professionals. They do not replace the manufacturer's product information, instructions for use and warnings. Always consult your home care nurse or doctor if you have specific questions on product use or medical care.

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## Nasal Feeding Tube

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### How long will the tube last?

Many things affect how long the tube will last. These include: type of tube, what it is made from, how it is used, care and your own body “chemistry.” So, it is not possible to predict how long the tube will last.

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A **nasogastric tube** may need to be replaced by a nurse or doctor approximately once a month.

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A **nasoduodenal tube** may need to be replaced by a doctor approximately once a month.

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A **nasojejunal tube** may need to be replaced by a doctor approximately once a month.

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Other

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## Nasal Feeding Tube Site Care and Maintenance

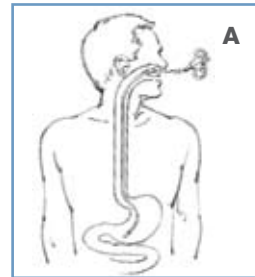
### How to reduce site problems

Checking the position of the nasogastric tube is an important part of daily tube feeding. Keeping the tube in the correct position helps make sure that the tube feeding is received in the best manner. To help reduce irritation, clean nostrils and change the tape regularly.

#### How to check the tube's position

(Ask your healthcare provider and then follow the checked boxes only.)

- Use a permanent, non-toxic marker or pen to mark the tube 1 inch from where it enters the nose. Use this point to keep track of the tube's position. **(Fig. A)**
- Measure the length of tube from the tip of the nose to the end of the feeding tube. This distance is \_\_\_\_\_ inches. Measure daily and if the length of the tube changes by more than \_\_\_\_\_ inches, call your healthcare provider.
- Check the back of the throat to be sure that the tube has not curled into the mouth.
- Other




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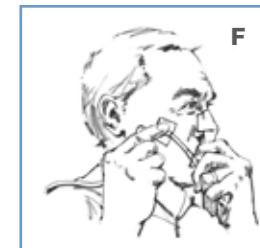
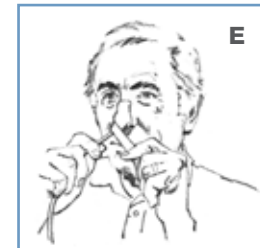
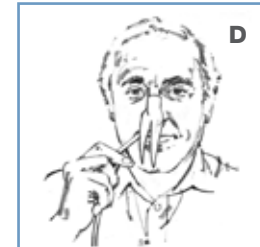
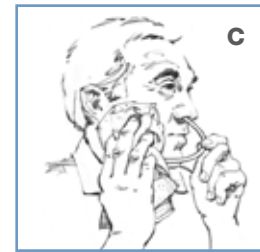
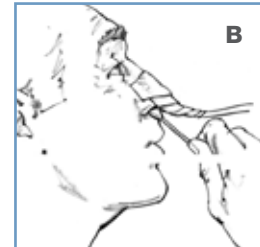
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**How to secure the tube and clean nostrils**

(Ask your healthcare provider and then follow the checked boxes only.)

- Clean the edges of both nostrils with a cotton-tipped swab and warm water. **(Fig. B)**
- Look for signs of redness, bleeding, sores or numbness of the nostrils.
- Gently remove old tape while holding the tube securely in place.
- Wash the skin with soap and water. Rinse and dry well. **(Fig. C)**
- Use hypoallergenic tape and change daily or whenever loose.
- or-**
- Use film dressing and change weekly or whenever loose.
- Apply “skin prep” to skin areas that will have tape or film dressing.
- Cut the tape or film dressing halfway down the center.
- Place the wide part of the tape or film dressing over the bridge of the nose. **(Fig. D)**
- Wrap the two cut ends of the tape or film dressing one at a time around the tube. **(Fig. E)**
- To secure tube to cheek, place tape or film dressing over the tube so that the inside sticks together for a narrow section. Then place the ends on the cheek. Use a different place on the cheek each time to reduce skin irritation. **(Fig. F)**
- After securing the tube, you can drape the tube over the ear to keep it out of the way, or using a tape tab, loosely pin the tube to the shirt.
- Other



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